

# Leslie Hardinge Library

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**Psychology applied to modern life : adjustment at the turn of the century / Wayne Weiten, Margaret A. Lloyd.**

Author: Weiten, Wayne

Locations:

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| AIIAS - Leslie Hardinge<br>Library | Book | BF355 .W45 | Available |
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**Getting your life back : the complete guide to recovery from depression / Jesse H. Wright, Monica Ramirez Basco.**

Author: Wright, Jesse H.

Locations:

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| AIIAS - Leslie Hardinge<br>Library | Book | RC537 .W75 | Available |
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**Breaking free from depression / David Hazard.**

Author: Hazard, David

Locations:

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| AIIAS - Leslie Hardinge<br>Library | Book | RC537 .H39 | Available |
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**Over the influence : the harm reduction guide for managing drugs and alcohol / Patt Denning, Jeannie Little, Adina Glickman.**

Author: Denning, Patt, 1950-

Locations:

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| AIIAS - Leslie Hardinge<br>Library | Book | RC654.29 .D45 | Available |
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**Not another self-help book / David Fong.**

Author: Fong, David.

Locations:

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| AIIAS - Leslie Hardinge<br>Library | Book | BF632 .F65 | Available |
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**The Handbook of health behavior change / Sally A. Shumaker, Judith K. Ockene, Kristin A. Riekert, editors.**

Locations:

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| AIIAS - Leslie Hardinge<br>Library | Book | RA776.9 .H36 | Available |
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